

Chocolate Chip Brownie Cookie

sugar granulated, chocolate (chocolate liquor, cocoa butter, soy lecithin added as an emulsifier), margarine (partially hydrogenated soybean oil, water, salt, non fat dry milk, soy lecithin, mono and diglycerides, sodium benzoate as a preservative, artificial flavor, added vitamin A palmitate and beta carotene), eggs whole, wheat flour (unbleached, enriched, thiamin mononitrate, riboflavin), cocoa dry, potassium sorbate, vanilla extract (artificial), baking soda

Nutrition Facts

Serving Size 4oz (113 g)

Servings Per Cont. 48

Amount Per Serving

Calories 420 Calories from Fat 150

% Daily Value*

Total Fat 18g **27%**

Saturated Fat 3.5g **18%**

Trans Fat 3g

Cholesterol 75mg **26%**

Sodium 400mg **17%**

Total Carbohydrate 63g **21%**

Fiber 1g **6%**

Sugars 34g

Protein 5g

Vitamin A 6% ? Vitamin C 0%

Calcium 6% ? Iron 25%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 ? Carbohydrate 4 ? Protein 4