

Chocolate Chip Cookie

wheat flour (unbleached, unbromated, enriched, malted barley flour niacin, iron, thiamine mononitrate, riboflavin and folic acid), chocolate (semi-sweet chocolate with soy lecithin (emulsifier), natural vanilla), brown sugar, sugar, butter, margarine (partially hydrogenated soy oil, water, salt, skim milk, soy lecithin, mono and diglycerides, sodium benzoate as a preservative), whole eggs, inver sugar, salt, baking soda, vanilla

Nutrition Facts

Serving Size 43g
Servings Per Cont. 1

Calories 190 Calories from Fat 80

% Daily Value*

Total Fat 9g **14%**

 Saturated Fat 4g **22%**

Cholesterol 15mg **6%**

Sodium 125mg **5%**

Total Carbohydrate 26g **9%**

 Fiber 1g **4%**

 Sugars 11g

Protein 2g

Vitamin A 6% ? Vitamin C 0%

Calcium 2% ? Iron 6%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 ? Carbohydrate 4 ? Protein 4