# Cantaloupe Ice Cream

milk, cream, sugar, corn syrup, non fat dry milk, whey, cantaloupe, FDA approved flavor, propylene glycol, water, alcohol, FD&C yellow #6, FD&C yellow #5, FD&C yellow # 40, mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, locust bean gum, guar gum

## Nutrition Facts

Serving Size 1/2 cup (74 g)
Servings Per Quart 8

**Amount Per Serving**

| | |
|---|---|
| **Calories** 150 | Calories from Fat 80 |

| | **% Daily Value*** |
|---|---|
| **Total Fat** 9g | **14%** |
| Saturated Fat 5g | **25%** |
| *Trans* Fat 0g | |
| **Cholesterol** 35mg | **12%** |
| **Sodium** 50mg | **2%** |
| **Total Carbohydrate** 16g | **5%** |
| Dietary Fiber 0g | **0%** |
| Sugars 12g | |
| **Protein** 2g | |

| | | | |
|---|---|---|---|
| Vitamin A 10% | ? | Vitamin C 6% | |
| Calcium 8% | ? | Iron 0% | |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 ? Carbohydrate 4 ? Protein 4