# Graham Central Station Ice Cream

milk, cream, sugar, corn syrup, non fat dry milk, whey, enriched flour, whole wheat flour, hydrogenated soybean and/or cottonseed oils, high fructose corn syrup, molasses, honey, salt, sodium bicarbonate, soybean oil, coconut oil, soy lecithin, cocoa processed with alkali, non fat milk, cocoa, natural flavor, honey, water, modified food starch, artificial flavor, caramel color, molasses, FD&C yellow #5, FD&C yellow #6, potassium sorbate, mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, locust bean gum, guar gum

## Nutrition Facts

Serving Size 1/2 cup (74 g)
Servings Per Quart 8

**Amount Per Serving**

**Calories** 220 Calories from Fat 110

| | % Daily Value* |
|---|---|
| **Total Fat** 12g | **18%** |
| Saturated Fat 6g | **30%** |
| *Trans* Fat 0g | |
| **Cholesterol** 25mg | **8%** |
| **Sodium** 140mg | **6%** |
| **Total Carbohydrate** 25g | **8%** |
| Dietary Fiber 0g | **0%** |
| Sugars 19g | |
| **Protein** 2g | |

Vitamin A 6% ? Vitamin C 0%

Calcium 6% ? Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 ? Carbohydrate 4 ? Protein 4