Caramel Pecan No Sugar Added Ice Cream

milk, cream, maltitol syrup, inulin (a natural fiber), polydextrose, skim milk, glycerin, carob bean gum, guar gum, lecithin, carrageenan, Splenda? brand sucralose, partially hydrogenated soybean oil, milk protein concentrate, natural and artificial flavors, modified corn starch, pecans

Nutrition Facts

Serving Size 1/2 cup (67 g)
Servings Per Quart 8

Amount Per Serving

Calories 150 Calories from Fat 100

	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 95mg	**4%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 5g	**20%**
Sugars 3g	
Protein 2g	

Vitamin A 2% ? Vitamin C 0%

Calcium 10% ? Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 ? Carbohydrate 4 ? Protein 4