

Watermelon Sherbet

milk, cream, sugar, corn syrup, non fat dry milk, whey, granulated sugar, water, corn sugar, cane sugar, pectin, locust gum, citric acid, benzoate of sodium, propylene glycol, gelatin, acacia gum, xanthan gum, sodium benzoate, potassium sorbate, sodium carboxymethylcellulose, FDA approved flavor, alcohol, FD&C red #40, karaya gum, apple pectin, mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, locust bean gum, guar gum

Nutrition Facts

Serving Size 1/2 cup (74 g)

Servings Per Quart 8

Amount Per Serving

Calories 100 Calories from Fat 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 10mg **0%**

Total Carbohydrate 20g **7%**

Dietary Fiber 0g **0%**

Sugars 19g

Protein 0g

Vitamin A 0% ? Vitamin C 0%

Calcium 0% ? Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 ? Carbohydrate 4 ? Protein 4