Coffee Toffee Low – Fat Yogurt

skim milk, cultured skim milk (active yogurt cultures), sugar, corn syrup, maltodextrin, sugar, cocoa butter, milk chocolate, lecithin, salt, vanilla, butter, soybean oil, almonds, natural and artificial colors, roasted coffee beans, carob bean gum, guar gum, carrageenan

Nutrition Facts

Serving Size 1/2 cup (67 g)
Servings Per Quart 8

Amount Per Serving

Calories 120	Calories from Fat 20

	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 85mg	**4%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 0g	**0%**
Sugars 18g	
Protein 3g	

Vitamin A 0%	?	Vitamin C 0%	
Calcium 10%	?	Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 ? Carbohydrate 4 ? Protein 4